

FAQ's

Mustang Camp

Do I need a coach?

No. If you are a High School aged athlete or team, we do not require anyone to supervise you. If you are a Junior Aged athlete or team, we require a supervisor, however this person does not have to be a coach. If you are a coach/supervisor that does not wish to come, please forward this to your captain or keen athlete on the squad.

Can I come by Myself?

If you are a High School Athlete aged athlete then yes! We will take all the individual athletes and create a Camp Team that will work together for "team" activities.

What will we be doing?

We will be having a fun filled Saturday focusing on in for you to come and experience intense skill development, group evaluations, and a few specialty classes. After dinner we will have a night dedicated to team building and leadership.

Sunday will begin with more skills, stunts, and pyramids, focusing and developing Saturday's material. Expect to work hard and learn tons!

I really have no experience. Can I come?

Absolutely! We pride ourselves on being able to work with beginner, novice, and advanced teams. We are able to provide a positive learning environment and provide you with the tools to continue learning, throughout the season, at any level.

I am a Coach. Can I come by myself?

Yes! We would love for you to join us at Mustang Camp and learn along side other coaches as well. The National Champion Mustangs' Coach Trace will head the sessions and provide you with some great and interesting coaching material to better your team.

What is Mustang Boot Camp?

This is where the Mustangs prevail. The main event is Saturday Night, but will include some other, post class, specialty times. It will be very intense but satisfying and each athlete will be introduced to the same techniques that the Champions train with. It is only open to the first 5 teams and the first 15 individuals that register. A simple \$5 fee per athlete will be added to the camp fees.

When do we pay?

We require \$25/athlete as deposit upon registration. This guarantees a spot for you. The camp tuition can be paid in advance or at the camp upon arrival. We are only accepting 200 athletes so hurry and register soon!

Do we need our Uniforms?

No. It is a fun Camp, not competitive, and you will not need Uniforms.