

2009 UONCC TUMBLING Competition Entry Form

SCHOOL or TEAM: _____

Primary Contact Person: _____

Email: _____

The Tumbling Competition will take place AFTER all of the team divisions on Saturday

1. Male Tumbling Competition - Open to members of teams in the Nationals only

- Entry Fee: \$20.00

- Please submit the full name of each athlete. Print clearly

1. M _____

2. M _____

DIVISION (circle one): **1. Collegiate Male** | **2. Open Male** |

2. Female Tumbling Competition - Open to members of teams in the Nationals only

- Entry Fee: \$20.00

- Please submit the full name of each athlete. Print clearly

1. F _____

2. F _____

DIVISION (circle one): **3. Collegiate Female** | **4. Open Female** |

PCA reserves the right to combine or remove divisions if necessary.

- Teams may enter a maximum of 2 male and/or 2 female entrants and this specialty competition is ONLY open to members of teams that are competing in the Nationals.
- All tumblers must perform a minimum of **1. full twisting back layout** and **2. Jump-tuck combination** (ie. toe touch - back tuck) Given that this is a *tumbling* competition, athletes are not scored for not tumbling elements.
- Athletes must provide music on CD (or mp3 player) and the maximum length of performance is 60 seconds.
- Athletes may only compete ONCE in either the collegiate or open division competition.
- Athletes are to perform in their team uniforms (not practice gear) and shoes must be worn.
- Tumbling competition regulations follow the USASF Level 6 guidelines. ie. performers may not use 'props' or perform flyovers, double backs or exceed double twists.

The following conditions apply to the TUMBLING competition. The team event deadlines are different.

All paid partner stunt entries and forms must be received AT the PCA Office on or before Wednesday November 11, 2009.

LATE entries (received between and including November 12, 2009 and November 25, 2009) will have the following applied to them:

1. \$10.00 late fee is added per person.

2. Entry into the competition MAY be denied if numbers are too high or the registration is late. Please apply early.

No entries will be accepted after Nov 25, 2009

Mail payment to:

**Power Cheerleading Athletics
325 Lighthouse Rd Unit 21
London, Ontario N6M 1H8**

**Payment by Visa/Mastercard
Please Call PCA: 1•800•567•7221
FAX: 519•668•7970**