

ROUTINE INFRACTIONS



ATHLETE FALL - 0.5

Examples:

- Hand(s) down in tumbling or jumps
- Knee(s) down in tumbling or jumps
- Drops to the floor during individual skills (tumbling, jumps, etc.)

BUILDING FALL - 1.0

Examples:

- Uncontrolled cradling, dismounting or lowering a building skill (not timing issues)
- Base or spotter falling to the floor during a building skill

MAJOR BUILDING FALL - 1.5

Example:

- Falls from an individual stunt, pyramid, or toss to the floor (top person lands on floor or multiple bases/spotters land on floor)

MAXIMUM - 2.0

When multiple deductions should be assessed during an individual stunt or toss (by a single group) or during a pyramid collapse, then the sum of those deductions will not be greater than 2.0 .

***Bobbles, balance checks and controlled timing errors will be reflected in technique scores.

The PCACN Event does NOT enforce a specific 'jewellery' penalty. We strongly recommend that performing athletes do not wear any earrings, necklaces, facial, oral or belly studs etc. The officials will NOT be assessing a deduction if an athlete choses to wear such items but we advice and suggest that coaches self police the removal of jewellery before warm-ups and in performance.

USASF RULE VIOLATIONS

BOUNDARY VIOLATIONS - 0.25

The performance surface is defined as the 42' x 54' competition floor. The competition boundary is defined as the performance surface and any immediate adjacent safety border. A 0.25 deduction will be assessed per occurrence for an athlete that makes contact with both feet outside the competition boundary. Stepping on, or just past the white tape is not a boundary violation.

TIME LIMIT VIOLATIONS - 2.0

Teams that exceed 2:30 will be subject to the following deduction:

- 1 or more seconds over time will result in a 2.0

The routine time limit is 2:30. Routines that exceed this time limit run a risk of being assessed a deduction. Judges will use a stop watch or similar device to measure the official time. Acknowledging the potential variance caused by human reaction speed and sound system time variations, judges will not issue a deduction until their stopwatch/clock shows a time that exceeds 2:33.

SAFETY VIOLATIONS

- **1.0** - Tumbling, General Safety, Image Policy and all other violations will be issued a 1.0 deduction.
- **2.0** - Building skills performed out of level will be issued a 2.0 deduction.

UNSPORTSMANLIKE CONDUCT DEDUCTION - 4.0

When a coach is in discussion with an official, other coaches, athletes and parents/spectators they must maintain proper professional conduct. Failing to do so may result in 4.0 deduction, removal of coach or disqualification.